

Patient with acute unruptured appendicitis

Purpose:

To facilitate the transfer of a patient with an acute unruptured appendicitis to Le Bonheur Children's Hospital. The patient can be "automatically accepted" if the following criteria are met:

- 1. Patient needs to be hemodynamically stable.
- 2. All menarche females have a negative pregnancy test (Le Bonheur does not have OB services).
- 3. Patient needs to have appendicitis confirmed radiographically with either US or CT.

Process:

- 1. Call the Transfer Center at 901-287-4408.
- 2. Transfer center will obtain patient's demographic information.
- 3. Provide a recent set of vitals (temperature, blood pressure, pulse oxygenation and pulse).

Recommended Treatment:

- 1. Patient should be kept NPO.
- 2. Normal Saline Bolus: 20 cc/kg; Max 1 Liter
- 3. Maintenance IV fluids (D5 NS)
- 4. Pain medication: Morphine 0.1 mg/kg IV (max dose 4mg) q2hr prn pain
- 5. Ondansetron 0.1 mg/kg IV(max dose 8 mg) q8hr prn nausea/vomiting
- 6. Ceftriaxone 50mg/kg IV(max dose 2g) plus Metronidazole 30 mg/kg IV (max dose 1500mg)
- 7. Alternative for Penicillin allergic patients: Ciprofloxacin 10mg/kg IV (max dose 400mg) plus Metronidazole 30 mg/kg IV (max dose 1500mg)